

ASSOCIATE OF APPLIED SCIENCE

**Caregiver Services** *Online Program*

Caregivers can be friends, family members and other professional people such as qualified services providers and direct support professional who provide quality care for adults. It takes caring individuals to successfully excel in this career, as it is an emotionally and physically demanding job. They work with a diverse population of adults who could be healthy and may need some assistance. Some individual(s) could be ill, elderly, and have disabilities.

Dedicated caregivers help a family member to remain independent by allowing loved ones to remain in their home, provide respite care, and care in many different setting. Caregivers often help in the everyday lives of their clients. They aid with meals, baths, emotional welfare and other basic needs such as, shopping, money management, housekeeping tasks, transportation and other services too numerous to be mentioned here.

Caregivers may be self-employed agents, employees of nursing homes, adult daycare centers, home health agencies and support individuals with a developmental disability.

**Why study caregiver services?**

DCB's Associate of Applied Science (AAS) in Caregiver Services program prepares individuals to care for adults who need assistance with fundamental life skills. Program participants learn to work with human services agencies to provide client services, to work as independent provider of home health services, and to work as employees of nursing homes, adult care centers, group homes or other agencies that serve the aging and individuals with disabilities.

**Career choices**

Professional caregivers assist with the non-medical tasks that a person cannot safely or comfortably do alone. Often, these tasks include tending to personal care, aiding in household tasks, or simply providing companionship. Examples of careers in the caregiver field include:

- Personal care & service worker
- Geriatric aide
- Home health aide
- Support preofessional

**Focused courses for your degree**

The curriculum covers a variety of topics related to health, aging, special education, human development, and social welfare. The courses through DCB are offered 100% online so they can be completed from the comfort of your home and better fit in a busy everyday schedule.



“The caregiver services program was very convenient for me because it was available online. This allowed me to take the classes I need, while working at my own pace. I have learned so much with the classes that I have taken so far, and can t wait to see where this degree takes me.”

Samantha Eidmann, Rugby, ND



**START SMALL...GO FAR**  
WITH DAKOTA COLLEGE AT BOTTINEAU

## COURSES REQUIRED

### Caregiver Services (AAS)

*This program is only available online.*

#### Freshman Year

|  | Fall   | Spring |
|--|--------|--------|
| CSCI 101 Intro. to Computers.....  | 3 cr   |        |
| GERO 130 Intro. to Human Services .....                                      | 2 cr   |        |
| NURS 100 Nurse Assistant Training .....                                      | 3 cr   |        |
| SOC 110 Intro. to Sociology.....   | 3 cr   |        |
| SPED 101 Intro. to Dev. Disabilities .....                                   | 3 cr   |        |
| Math elective.....   | 3-4 cr |        |
| AH 134 Medical Disorders .....   | 3 cr   |        |
| AH 231 Healthcare Law and Ethics .....                                       | 1 cr   |        |
| ENGL 110 College Composition I<br>or COMM 110 Fund. of Public Speaking ..... | 3 cr   |        |
| GERO 297 Cooperative Education .....   | 1 cr   |        |
| SOC 251 Gerontology .....  | 3 cr   |        |
| Elective.....  | 3 cr   |        |

#### Sophomore Year

|   | Fall   | Spring |
|---|--------|--------|
| GERO 256 Development of Social Welfare ....                                       | 3 cr   |        |
| HPER 100 or HPER activity elective .....  | 1-2 cr |        |
| NUTR 240 Principles of Nutrition.....   | 3 cr   |        |
| RLS 290 Intro. to Inclusive Recreation .....                                      | 3 cr   |        |
| Art or humanities elective .....  | 3 cr   |        |
| Elective.....   | 3 cr   |        |
| GERO 240 Administering Medications .....  | 3 cr   |        |
| GERO 285 Home Health Financial Mgmt. ....   | 1 cr   |        |
| PSYC 270 Abnormal Psychology<br>or PSYC 100 Human Relations in Organizations..... | 3 cr   |        |
| Lab science elective .....  | 4 cr   |        |
| CARS 105 Job Search .....   | 1 cr   |        |
| Elective.....   | 3 cr   |        |

*All courses subject to change.*

## CONTACT INFORMATION



Jim Holben, LMSW, CTRS/CPRP  
Instructor/Advisor  
Dakota College at Bottineau  
105 Simrall Blvd.  
Bottineau, ND 58318-1198  
Ph: 701-269-8845  
jim.holben@dakotacollege.edu

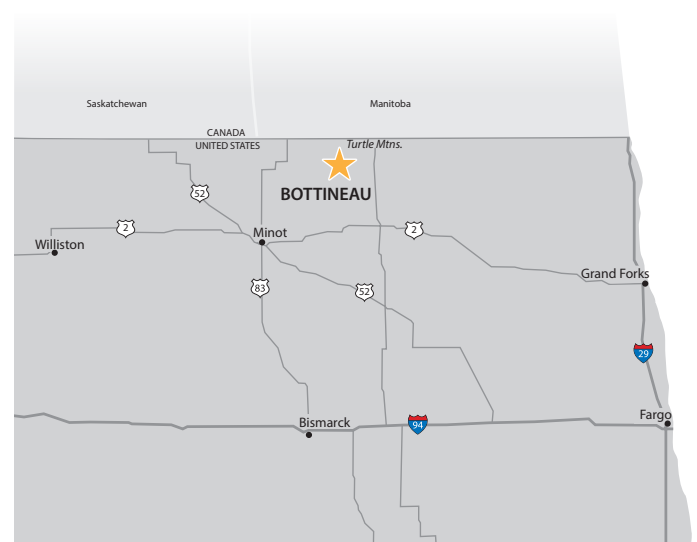
**Admission Application and Campus Tours**  
Admission/Student Services: 800-542-6866

[WWW.DAKOTACOLLEGE.EDU](http://WWW.DAKOTACOLLEGE.EDU)



## DAKOTA COLLEGE AT BOTTINEAU VISION

Dakota College at Bottineau is rooted in the past and grows towards the future by combining the best from the *Past, Present, and Future* to provide students with innovative educational opportunities. The campus will emphasize a knowledge and appreciation of *Nature*, implement a rapidly changing *Technology*, and prepare students to go *Beyond* and improve the quality of life.



DCB offers several varsity sports!  
Visit [www.dcbjacks.com](http://www.dcbjacks.com).